



Welcome to Jungshin Fitness®!

We hope these *frequently asked questions* are helpful for you in making your decision towards becoming a certified Jungshin instructor. If you have a question that is not answered below, please don't hesitate to give us a call! 888-437-9314

Will I receive a certificate the day of the training?

No. You will receive your formal certificate after you submit a video sample of you teaching along with your written test. The written test is typically completed the day of the seminar and is also available on-line.

Will I be able to teach right away?

Yes, as long as you have submitted the apprentice hours, written test, and communicated a date for the video test to be submitted.

Will I be able to apply for CEC's?

Yes, there is an easy form to fill out and directions for how to do this. Each instructor submits the course outline, hours, and master trainer bio to their desired CEC agency.

Will there be swords and DVD's for purchase at the training?

Absolutely! If you know you will want a set of 5 or more please pre-order your products by sending an email request to our product team at, info@jungshinfitness.com

Can anyone join the master class? I will be with my 85-year-old mom.

Anyone can join a Jungshin Master Class. Everyone has warrior within. We also have 16 different formats. 8 with the long lever and 8 with the short levers (swords). This means we have H.I.T, mind-body, and even water workout equivalents, including a format for our dignified warriors (anyone over 65)!, and many more. A master class gives a taste of all of them!

What will I receive as part of my certification?

- Sword and Bag
- Instructor Manual
- Instructor T-shirt
- Options for the Instructor Portal
- Discounts on all products
- Options to become a master trainer for Jungshin Fitness®

Are you guys well known?

We are a new and growing movement system based upon the health and wellness of the endocrine system. Some people call us Yoga with a stick, some call us CrossFit with a pole, and some call us Jungspin. You may have seen us at IHRSA, FIBO, IDEA WORLD, SCW, in PE classes, at GOOGLE, at THE HATCH AGENCY, at SALESFORCE, or just being stealth in the park. Our mission statement is, *Jungshin Fitness®-the global fitness experience uniting martial arts and modern fitness, celebrating mindbodyswords. We believe that everyone has a warrior within. We honor our sacred ancestors and learn from the wisdom of those who moved before us. We invite you into the world of swords, alignment, and cutting-edge health.*

What else?

We are not a trend. That's something we are clear about. This means we are here to stay. Men come to classes-we love that
We have a kids program, senior program, and a couple's/partner program. Our business model is based upon attraction rather than promotion. We also have corporate accounts where we can train you to work with high-level executives if that is your goal.

Refund policy

If you cannot make the training you can apply your funds to a future training within a year of your sign up date.

Master Trainers

If you are on the path toward becoming a master trainer this means you have attended or are planning to attend a level 1 course. Master trainers

have another course to attend as an apprentice (you pick which Jungshin course you wish to attend), and in addition, a master training course. Master trainers receive compensation two ways: a) you, the master trainer plans the event, recruits the persons, Jungshin provides the manuals, you provide the swords (you purchase them wholesale and you can sell them for what you want), Jungshin provides the marketing materials and assistance in launching. In this scenario, the master trainer takes 70% revenue and Jungshin 30%. You, the master trainer, is responsible for bringing in the persons and sending them to register on the Jungshin Fitness site or affiliate site, b) Jungshin plans the training and hires you, the master trainer, for a set fee (negotiated before contract), for leading the course.

We Love You-stay cool!

The Jungshin Fitness Team!